

Summer Food Safety

In The Kitchen:

- Wash hands, preparation area and all utensils with hot soapy water.
- DO NOT thaw or marinate meat and poultry on the counter, only the refrigerator.

Menu Planning

- Coolers with ice keep most foods for short periods.
- Salads with store brought mayonnaise are safe if kept cold.
- If a cooler is not an option take vegetables, fruits hard cheese, bread, peanut butter, crackers or canned foods.

Packing It Up

- Start with cold food– pack right from the refrigerator.
- Always use an insulated cooler.
- Include a cold source in the cooler, i.e. ice, ice packs, frozen water or juice.
- Take along disposable wash cloths.
- Keep hot foods hot with a thermos or insulated dish.

On The Road

- Put the ice chest in the passenger area of the car. It's much cooler than the trunk in the summertime.
- Keep the cooler in the shade at the picnic.
- Keep the lid on and avoid repeated openings.
- Replenish ice if it begins to melt (drain water if necessary).

Heat And Eat

- Keep foods cold until cooking on the grill.
- Cook completely at the site, no partial or pre-cooking ahead.
- Cook thoroughly - meats should not be pink and juices should run clear.



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Summer Day Camps



What Every Operator Should Know!



GOVERNMENT OF BERMUDA

The Department of Health
advises the health and safety of summer day camps
under the Children Act 1998.

Information You Should Know!

It is the Operator's responsibility to register with the Department of Health and provide a comprehensive staff list.



Qualifications of Staff

Operator:

- Should be 21 years and older
- 2 years experience working with children.

Staff Members:

- Staff members should be trained in Pediatric First-Aid which also includes CPR.
- If providing transportation - should have a valid Bermuda Driver's Licence.



What is the Staff:Child Ratio & Group Size?



The Department of Health's staff-to-child ratio:

	<u>Child:Staff</u>	<u>Max Group Size</u>
24 - 24 months	4:1	12
2 year olds	7:1	14
3 - 4 year olds	10:1	20
5 - 8 year olds	10:1	20
9 - 12 year olds	12:1	24

Programme Activities

- Programme activities should be age appropriate, and encourage normal developmental progress.
- A space for indoor and outdoor activities should be provided.



Facilities



All indoor space for programmes should be no smaller than 25 square feet per child.

General Health & Safety

All premises and activities must be operated in a safe and sanitary manner. Clean all play areas and make sure all fences are safe and in good condition. **Dogs are strictly prohibited.**

Child Abuse & Neglect



Report any signs of child abuse and neglect to Child & Family Services.

Nutrition/Food

All meals provided should meet guidelines established for the age group by the Department of Health.



Smoking



The use of tobacco, alcohol, or illegal drugs are prohibited.

Water Safety

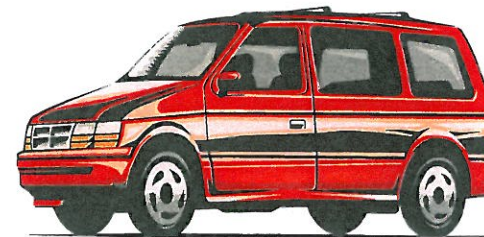


The children to staff ratio for water safety are as the following:

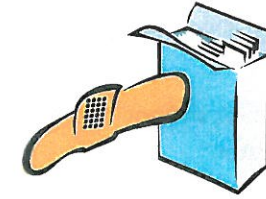
	<u>Children</u>	<u>Staff</u>
12 - 24 months	2	1
2 years	4	1
3 - 5 year olds	4	1
5 and above	6	1

Transportation

- The number of children must not exceed the number of seats in your vehicle.
- The vehicle must be provided with the appropriate safe seating. Children must be securely fitted and seated in vehicle before movement.
- Do not leave children unattended inside or near a vehicle.
- Secure all dangerous items in your vehicle.
- Place all lunch boxes on the floor.
- Release children only to an authorized adult.
- Before each trip check the vehicle for road worthiness and that it does not contain loose and harmful items.
- Emergency and evacuation drills must be conducted frequently.
- Equip your vehicles with a fire extinguisher and first aid kit.
- There must be a member of staff in attendance in addition to the driver.



First Aid Kit



First Aid kits must be maintained and kept in a readily available location. A portable first aid kit must be stored in your vehicle for use during field trips or when the children are engaged in activities away from the centre.

The following should be included in each kit:

Package of 2" sterile gauze squares	(2" X 2")
Package of 3" Sterile gauze squares	(3" X 3")
Cotton wool balls	1 bag
Band-aids 3/4"	1 box
Antibacterial ointment (Polysporin)	
Hydrogen Peroxide	16 oz.
Adhesive Tape 1/2"	1
Microbe Tape 1"	1
Conform cotton bandages	2
Q Tip applicators	1 pkg =100
Crepe bandages 3"	
Triangular bandages	2
Disposable Latex Gloves	1 box-med
Trash bags small	5
Safety Pins	
Alcohol-free Wipes	

